



# HOLY CROSS

## MIDDLE SCHOOL ELECTIVES

### DRAMA

Using a mix of fun activities like making up scenes on the spot, performing solo speeches, and acting out stories together, students will get to pretend to be all kinds of people in different places and exciting adventures!

### VISUAL ARTS

In this class, we will have so much fun trying out different types of art using lots of cool materials! We will learn how art can help us understand how other people see the world and feel. Art will also help us share our big thoughts in fun and creative ways. Let's get ready to have a blast and see the world in a whole new way through our art!

### GUITAR

This class is perfect for students who want to get really good at playing the guitar! It doesn't matter if you've never tried playing music before or if you're already a little rockstar - this course will help you become even better at guitar, no matter where you're starting from.

### ELECTRONICS/TECH

In this class, you will get to do some really cool stuff! We have three big things to learn about: Coding, making circuits, and building robots. With Arduino, an awesome electronics kit, you will learn how to write code and put together different parts to make your own robots do fun things.

### FOODS

Introduction to Cooking is a fun class for students who love to cook and want to learn about healthy eating. In this class, you will learn how to cook different foods and discover cool cooking tricks!

### YEARBOOK

Learn digital design principles and take part in the creation of the school yearbook.



# HOLY CROSS

## MIDDLE SCHOOL ELECTIVES

### TEXTILES

Welcome to a fun sewing course specially created for young students who want to learn how to sew! In this course, you will get to: Learn how to use a sewing machine and take care of it, along with pressing equipment. Explore commercial patterns and understand the information on pattern envelopes and guides. Discover different ways to sew simple projects.

### OUTDOOR ED

This special class is for students who love nature and adventures outside. In this class, we will learn about how to survive in the wild, about plants and animals that are local to our area, how everything in nature is connected, and how we can take care of our planet.

### 3D DESIGN/DRAFTING

Drafting is like drawing, but it's used to show how things are made or work. In this activity, students will use a cool program called TinkerCAD to make digital models of small things and buildings in 3D. They can even bring some of their creations to life by printing them with a special 3D printer!

### INTRO TO WOODWORKING

In this class, we will learn how to make cool things using hand-tools safely. Get ready to build awesome stuff and learn skills that will help you when you're older!

### OUTDOOR REC

Outdoor Rec is all about having fun outside! You get to try cool activities like geocaching (treasure hunting with GPS), backpacking, hiking, orienteering, team building, and mapping. You also get to play lots of fun outdoor sports!

### JOURNALISM

In this class, we will learn how to write exciting stories, ask questions during interviews, and design pictures and layouts for our very own school newspaper!



# HOLY CROSS

## MIDDLE SCHOOL ELECTIVES

### LEADERSHIP

If you enjoy working with friends and want to help create a joyful and spirited atmosphere at our school, then this is the perfect class for you! Get ready for exciting activities like planning special events, leading fun activities within our school, and boosting school spirit. This class is also for students who care about our community and want to make the world a better place. You'll have the opportunity to collaborate with non-profit organizations in our community to assist them in improving the lives of those in need. Creating ways to raise money and show support for non-profit/charity groups will be a big part of our program.

### COMPUTER PROGRAMMING

Computer programs are used in so many aspects of our life. Yet, so many people cannot even begin to fathom how one is made. Computer programming is the process of writing a computer program. Students in this class will learn practical coding principles and become comfortable with a programming language. Skills learned in this class will be relevant in high school and university IT courses.

### LABORATORY SKILLS

Join our class for awesome science experiments and fun projects! Every week, we will discover new ideas to use in our cool science labs!

### FIT FOR LIFE

Join our exciting class designed to help you love being healthy and active forever! In this class, you'll learn the basics of moving your body and eating right. You'll discover how to make cool exercise plans that fit your likes and how you live.

### ARTS AND CRAFTS

Join this exciting class that's all about having fun with your imagination! You'll have the chance to pick activities like macramé, making jewelry, and even knitting and felting. Get ready to share your ideas for cool projects we can work on together.